**FOOMKA CABASHADA AMA RACFAANKA EE MACAAMILKA**

Haddii ay dhibaato kaa haysato adeegyadaaada **BUKAANK-SOCODKA** ee caafimaadka maskada ama cilladda isticmaalka muqaadaraadka, wac Xarunta Macmiilka ee Barashada Caafimaadka iyo U doodista (CCHEA) ama boostada ku soo dir foomkan (lambarka taleefanka ama cinwaanka ka eeg halkaan hoose):

Magacaaga:

Cinwaanka boostada:

Lambarkaaga taleefanka:

Iimaylkaaga (ikhtiyaari):

Wax nooga sheeg arrintaada (isticmaal dhanka dambe haddii aad u baahan tahay nafaas dheeraad ah):

Baqshad ciwaanka lagu soo celinayo ku qoran ayaa diyaar ah si loogu soo diro foomkan CCHEA.

**Xarunta Macmiilka ee Barashada Caafimaadka iyo U doodista**

**1764 San Diego Avenue, Suite 200**

**San Diego, CA 92110**

**Wac 1-877-734-3258**

**WAA MAXAY CABASHO AMA RACFAAN?**

* "**cabasho**" waa muujin ***kasta*** oo ku saabsan inaadan ku qanacsanayn adeegyadaada.
* "**rafcaan**" waxa la samayn karaa marka oggolaanshaha adeegyada la diido, la dhimo, ama la joojiyo.
* “**Racfaan la dedejiyo**” waxa la samayn karaa marka adiga ama adeeg-bixiyahaagu aad cadaysaan in wakhtiga rafcaanka caadiga ahi uu khatar weyn gelin karo noloshaada, caafimaadkaaga ama awoodaada shaqo.

**OGAYSIISKA BARNAAMIJKA:** Foomkan waa in si sahal ah loogu diyaariyaa macaamiisha looguna diyaariyaa meel ay si madax-banaan uga heli karaan foomka. Foomkan iyo hannaankan laguma beddeli doono hannaan cabasho oo lagu isticmaalo gudaha barnaamijka.